

Endophytic Fungi and Sustainable Agriculture

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Abstract

With the increasing world population and urbanization, agricultural lands are diminishing. Prolonged use of chemical fertilizers, pesticides, insecticides, etc. in the fields and antibiotic consumption have led to environmental degradation, reduced soil fertility, increased toxicity, and the development of drug-resistant microorganisms. The agricultural sector suffers huge losses in production due to phytopathogens, insects, water stress, salinity, and temperature. With regard to health and environmental concerns, the development of sustainable agriculture has been a major area of research. The biological control method is a safe and effective approach to controlling plant pathogens and creating sustainable agriculture. Endophytic fungi could protect plants from pathogen attack, improve plant health, and serve as strong biocontrol agents. The application of endophytic fungi in organic farming is important as an input, and it could restore degraded croplands to their natural ecosystem. Endophytic fungi have great potential to resist abiotic stress, which helps plants adapt to various conditions. Along with enzymes and phytohormones, fungal endophytes also produced a number of secondary metabolites with bioactive properties. This review highlights the important roles played by endophytic fungi in the field of agriculture and shows the necessity of conducting further studies and exploring novel endophytic fungi.

Key words: Fertilizers, Phytopathogens, Sustainable, Biological control, Antimicrobial, Phytohormones

Anton de Bary was the first to use the word "endophyte" [1]. The diversity of fungal endophytes varies with the environment, tissue type, and age of the plant [2]. Sun and Guo [3] estimated that there are more than a million endophytic fungi. Endophytic fungi colonize the internal plant tissues of plants in a symbiotic relationship without causing any harmful effects to the host plant and protecting against abiotic as well as biotic stresses [4]. As reported by Petrini *et al.* [5], there are about 1 million endophytic fungi distributed across all ecosystems. In the symbiotic interactions between the endophytic fungi and host plants, the plants provide space and food for the endophytes, and in return, the endophytes help plants with the uptake and utilization of nutrients from the soil. Many endophytic fungi are able to improve the resistance of plants against pathogens, insects, herbivores, drought, salinity, etc. The organic farming practice has gained economic importance in the United States since the 1990s. Organic farming has been defined by the U.S. Department of Agriculture (USDA) as "an ecological production management system that promotes and enhances biodiversity, biological cycles, and soil biological activity based on the minimal use of off-farm inputs and on management practices that restore, maintain, and enhance ecological harmony" [6]. In the organic farming system, the use of chemical fertilizers and modified crops have been totally restricted, which conserves soil, water, and energy. Worldwide, organic agriculture is practiced in 187 countries on 72.3 million hectares of agricultural land [7]. Just

2.30 million hectares of the field are being used for organic farming in India, where the practice is still in its infancy [8]. Sustainable agriculture has become a major area of scientific research as it reduces negative effects on the environment as well as protects the soil [9]. The excessive and long-term application of pesticides, insecticides, and fertilizers poses harmful effects on the environment through leaching and human health through the food chain [10]. The excessive use of fertilizers leads to the accumulation of heavy metals, the eutrophication of rivers and lakes, the acidification of soils, the contamination of aquifers and water reservoirs, and the generation of gases associated with the greenhouse effect [11].

Fungicide-resistant plant pathogens have become a major problem in the agriculture sector. The Food and Agriculture Organisation (FAO) has estimated that around 25% of the world's crops are affected by plant diseases each year [12]. There is an increasing need for the development of novel disease management products that can offer environmentally friendly and economically feasible control of crop plant diseases. Biological control mainly relies on the use of antagonistic organisms that broadly or specifically target the pathogen. Antagonistic organisms act on pathogens by various mechanisms, which include mycoparasitism due to physical inter-hyphal interference, competition for nutrients and colonizing space, production of volatile and non-volatile metabolites, or stimulation of host defence [13]. The biocontrol activity using endophytic fungi has been increasing and playing

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an important role in integrated disease management practice. The major drawback of endophytic fungi as a biocontrol agent is their reliability in field conditions due to environmental factors [14]. The market for endophytic fungal inoculants as biological control agents have been increasing worldwide in the last decade [15]. Endophytic entomopathogenic fungi act as insect pathogenic agents by infecting lepidopterous larvae, aphids, thrips, and other cosmopolitan insects, which are of great concern in agriculture worldwide, with little or no risk to non-target organisms or beneficial insects [16]. Bio stimulants and biofertilizers are other applications of endophytic fungi. There has been a report on the utilization of endophytic fungi as nano sensors that can detect pollutants, which might help in bringing a greener environment [17]. The biosynthesis of various metal nanoparticles is a new trend in exploring fungal endophytes for various applications. In this review, the role played by endophytic fungi in bringing sustainable agriculture will be discussed.

Biodiversity of endophytic fungi

Endophytic fungi can be classified based on spore production, mode of transmission, and infection type [18]. The diversity and distribution of endophytic fungi depend on the biotic, abiotic, and maturity of the plant [19]. In research conducted by Zhou *et al.* [20], only a few species of endophytic fungi were found to be dominant and maximum endophytes were uncommon. In the tropics, a single leaf may harbour up to 90 endophytic fungal species, while grassland species can have up to 50 distinct genera [21]. In arctic and boreal environments, endophytic colonization rates range from 1% to 44%, whereas tropical habitats have colonization rates of over 90% [22]. In a recent study, endophytes found in the tropical region showed lower host specificity as compared to endophytes in the temperate region [23]. Ascomycetes, which make up the majority of endophytic fungi, are an ecologically varied group. In the tropical region, plants are found to have a larger number of xylariaceous ascomycetes [24]. The most common classes among ascomycetes were Sordariomycetes, Dothideomycetes, Eurotiomycetes, and Leotiomycetes [25]. Even in polar plants, Ascomycota has been found to be prevalent [26]. Endophytic fungal species have a life cycle that is partially symbiotic and partly saprophytic or latent pathogens, depending on the availability of host tissue or organs [27].

Importance of endophytic fungi in agriculture

The world's population entirely depends on the agriculture sector. The addition of chemicals in the field for increasing production pollutes the environment, leading to the loss of soil properties as well as biodiversity [28]. The ultimate solution to restore soil health is to use a biological approach, especially microorganisms [29]. Due to their distinctive habitat, fungi residing inside plant tissues play an important role in agriculture. The endophytic fungi help the host plant to overcome both biotic and abiotic stresses, promote plant growth by the production of growth hormones, ammonia, and siderophores, and also help in nutrient absorption and assimilation from the soil. The fungal endophytes produce a wide range of secondary metabolites, which increase both the quality and quantity of agricultural crop production. Abiotic stresses such as drought, salinity, extreme temperature, and flood often affect the physiology of plants [30]. Several studies have shown the importance of endophytic fungi in agriculture. Two isolates, *Aspergillus fumigatus* and *Fusarium proliferatum* from *Oxalis corniculata*, have been shown to have siderophores activity, phosphate solubilization, and the production of indole-3-acetic acid [31]. Hamayun *et al.* [32] reported that

Cladosporium sphaerospermum from *Glycine max* produces a significant amount of gibberellin. The endophytic fungi *Penicillium chrysogenum* and *P. crustosum* isolated from *Teucrium polium* were reported to solubilize phosphate and produce indole-3-acetic acid, and ammonia [33]. In a study, *Trichoderma asperellum* isolated from *Canna indica* L. has been reported to produce 1-aminocyclopropane-1-carboxylic acid (ACC) deaminase, which has lessened the stress of water logging in wheat [34]. Hamayun *et al.* [35] have reported that an endophytic fungus, *Glilotadium cibotii* isolated from *Verbena officinalis*, increases the growth of *Helianthus annuus* and *Glycine max* under thermal stress conditions by producing a ROS-degrading antioxidant enzyme. Several endophytic fungal communities might play a significant role in plant growth promotion and protection, increase productivity, and restore soil health for obtaining sustainable agriculture.

Abiotic stress tolerance

Water scarcity, soil salinization, desertification, deforestation, and urbanization are important problems faced worldwide [36]. The increase in global warming alters rainfall, temperature, O₂/CO₂ ratio, etc., which provoke abiotic stress in plants. The major abiotic stresses include drought, salinity, high heavy metals, UV radiation, and temperature. Abiotic stress brings certain changes to plants, such as morphological, biochemical, physiological, and molecular changes that greatly impact crop productivity [37]. Endophytic fungi improve stress tolerance in plants by certain mechanisms, such as enhancing water uptake, increasing the production of antioxidant enzymes, mainly catalases and peroxidases, and compounds, optimizing metabolic processes, producing phytohormones, etc. [38]. The primary challenge faced by farmers in developing nations every year is drought, which impacts more than 45% of the agricultural area [39]. Chhipa and Deshmukh [40] reported that the endophytic fungus *Penicillium brevicompactum* improves drought resistance in barley plants. Under salinity stress, an endophytic fungus called *Piriformospora indica* increases the production of ascorbic acid and the activity of antioxidants. It also increases the ratios of K⁺/Na⁺ and Ca²⁺/Na⁺, sugars, and free amino acids in barley plants [41]. In a study, Sun *et al.* [42] reported that an endophyte, *Piriformospora indica*, had shown drought tolerance in Arabidopsis and Chinese cabbage by stimulating the drought stress-related genes. In another study, *Trichoderma hamatum*, an endophytic fungus from *Theobroma gileri* was reported to delay the drought response in *Theobroma cacao* [43]. In certain cases, abiotic stresses cause membranes to rupture due to variations in lipid composition, and many studies show that endophytic fungi can prevent electrolyte leakage by inducing lipid composition in the cell membrane [44]. Absciscic acid (ABA) is known as the stress hormone, which causes stomata closure, and certain endophytic fungi have the potential to reduce ABA levels [45].

Biocontrol agent

The major threat to agricultural output is plant disease. With the emergence of fungicide-resistant pathogens and their impact on the environment, the number of chemicals used to control plant pathogens has been reduced. To overcome this problem, researchers have been focusing on endophytic fungi as a biocontrol agent. Endophytic fungi suppress plant diseases by producing antimicrobial compounds, limiting space and food, and boosting plant immunity. Many endophytic fungi have been reported as strong biocontrol agents against pathogens and insects [46]. Endophytic fungi produce secondary metabolites containing alkaloids, terpenoids, polyketones, steroids, peptides, phenols, flavonoids, quinols,

etc. that show activity against pathogens and herbivores [47]. Seed treatment of tomato and cotton with an endophytic fungus, *Beauveria bassiana* induced resistance against the pathogenic fungi *Pythium myriotylum* and *Rhizoctonia solani* [48]. Kim *et al.* [49] have reported suppression of powdery mildew as well as aphids in cucumber plants by the endophytic fungus *Lecanicillium longisporum*. In a study, the endophytic fungus *Beauveria bassiana* could suppress downy mildew in grapes after leaf treatment [50]. Several endophytic *Alternaria* spp. have reported controlling pathogens like *Rhizoctonia solani*, *Fusarium oxysporum*, *Botrytis cinerea*, *Phytophthora capsici*, *Pseudomonas aeruginosa*, and *Plasmopara viticola* [51]. It has been reported that *Neotyphodium* sp. can control the mildew of *Elymus sibiricus* and also improve resistance to fungicides and pesticides [52]. Many endophytic fungi, such as *Beauveria bassiana*, *Isaria farinosa*, *Clonostachys rosea*, *Lecanicillium lecanii*, etc., could be used as entomopathogenic fungi against herbivore insects [53-54]. In a research González-Mas *et al.* [55] have reported that the endophytic fungi *Beauveria bassiana* and *Lecanicillium lecanii* reduce the feeding habits and reproduction of *Aphis gossypii* on the cotton plant. There has been a report that *Bauveria bassiana* could control the white stem weevil and coffee berry borer [56]. Mycofumigation is also another biocontrol technique using endophytic fungi to control the postharvest disease of fruits and vegetables [57].

Plant growth promotion

Several endophytic fungi have been studied for their plant growth-promoting potentials to the host plant and also for other crop plants [58]. Fungal endophytes improve the uptake of macronutrients from soil and organic matter, increase biomass, and restrict herbivores from eating plants, according to recent studies [59]. The corn plant was reported to increase its yield significantly when treated with *Metarhizium brunneum* [60]. The phytohormone gibberellin induces seed germination, stem elongation, fruit formation, and senescence [61]. Many endophytic fungi, such as *Penicillium citrinum*, *Aspergillus fumigatus*, *Cladosporium sphaerospermum*, etc., generate gibberellin [62]. Auxin hormones regulate plant growth, shoot and root development, tropism, cell division and elongation, and differentiation of tissues [63]. The endophytic fungi *Phoma*

glomerata, *Paecilomyces formosus*, and *Penicillium* sp., have been reported to produce indole 3-acetic acid (IAA) and gibberellic acid (GA) [64]. In an investigation, the application of *Vicia faba* with *Beauveria brongniartii*, *B. bassiana*, *Metarhizium bassiana*, and *Purpureocillium lilacinum* increased overall growth [65]. Tomato plants have also been shown to enhance height, weight, and root lengths after being treated with *Metarhizium anisopliae* [66]. Jaber and Alananbeh [67] have also suggested that *Beauveria bassiana* and *Metarhizium brunneum* improve the health of sweet pepper (*Capsicum annum*). Behie and Bidochka [68] have shown that *Metarizium brunneum*, *Beauveria bassiana*, and *Lecanicillium lecanii* could serve as biofertilizers as they can supply a large amount of nitrogen to crop plants after infecting *Galleria mellonella* larvae. Siderophores are small, iron-chelating molecules that promote plant growth and are shown to be produced by the endophytic fungi *Trichoderma koningii*, *Trichoderma harzianum*, and *Macrophomina phaseolina* [69].

CONCLUSION

This review highlighted the importance of endophytic fungi in the agriculture sector, their role in providing sustainable agriculture, and how they can restore soil health. By giving more importance to the research of endophytic fungi, various novel compounds will be revealed that can solve problems relating to crop production, environmental degradation, and medicine in an eco-friendly, cost-effective, and little time-consuming manner. Due to our decreasing life span and the development of new diseases, eating healthier foods free of chemicals is our main concern. The demand for organic food products has increased tremendously in the last decade, and endophytic fungi could play an important role. The application of endophytic fungi in agriculture as a biocontrol agent, biofertilizer, soil enricher, and biostimulant indicates its prospects for in-depth research. Organic farming practices have been increasing over the last two decades due to their chemical-free and pollution-free nature. Exploration of endophytic fungi for their use in agriculture is the most unexplored area of research. The efficacy of endophytic fungi in agriculture could be increased with the use of sophisticated instruments.

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